

SEW MAGICAL
Tea Party
WORKSHOP

wool felt
Tea Bags



MATERIALS LIST

- 1. Wool felt** - in your choice of colour. I like to use a neutral or undyed piece - you can also use a piece of old woollen blanket. You will need a piece for your tea bag & a smaller piece for the tea bag tag.
- 2. Cotton string/ twine for the tea bag cord** - some kitchen string will work perfectly.
- 3. Fabric scraps** - to add a little colour to your tea bag tag.
- 4. Wool felt scraps** - if you'd like to create a more 3D effect on your tea bags (like the little leaves I have done)
- 5. Embroidery threads/ floss** - if you'd like to embroider a little design on the front of your tea bag.
- 6. Millet or Rice** - for stuffing / weighting your tea bags. You may also like to bake the rice or millet at a low heat for about 1-2 hours (to keep away little creatures!) I also like to add some essential oil such as peppermint or lavender to add a beautiful scent.
- 7. Loose herbal teas & dried flowers** - to add a little magic to the millet & rice! Chamomile flowers & dried rose petal are a lovely simple option. This is an especially fun step if you are making this project with older children.
- 8. Sewing needles** - embroidery needles will work best when doing embroidery on your tea bag.. However use whatever you have on hand.
- 9. Scissors & pins**



About...

The perfect project to encourage imaginative play. Coupled with some little tea cups or wooden bowls, some scraps of wool (my children loved to use this as "milk")... these make a lovely addition to the play kitchen.



Notes...

Fabric scraps - many different kinds of fabric will work well for this project, it's the perfect opportunity to use some precious scraps - maybe you have special items of your children's (or your own!) outgrown clothing which you can repurpose. Woven fabrics (rather than knit/stretch) fabrics will work best and many will fray beautifully adding an extra textural element (embrace this!). Look for fabrics made from cotton or linen as these will hold up well to frequent use.

PLEASE NOTE: THESE TEA BAGS ARE NOT INTENDED AS A TOY FOR CHILDREN UNDER 5 YEARS.

The Sewing Circle

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