

# Lady Spring

## Materials List

**1. Wool felt** - you will need a pale yellow felt (18cm x 24cm) for her dress, a more saturated mustard yellow for her arms and several shades of pinks to create her blossom embellishments. I also used a small amount of green felt to create the leaves and a purple colour for the butterfly.

**2. 100% Wool stuffing** for stuffing the body & making the head. 200 grams will be enough.

**3. Embroidery cotton/floss** - in colours to compliment your dress felt and to add embroidered details such as the pale yellow stamens of the blossom flowers. Plus a colour for the eyes & mouth.

**4. Cardboard Base & Sandbag** - to weight your doll. I often use the cardboard on the back of notebook for my base. See notes to the right...

**5. Cotton chenille stick/** pipe cleaner - 2 x15cm or 1 x 28cm.

**6. Cotton quilting thread/strong sewing thread** - in a colour tone similar to your doll skin fabric (for making the head and attaching the hands) and a colour to attached hair. I like to use Gutermann Quilting Cotton for creating the inner head and Gutermann polyester thread to match the tricot for sewing up head & attaching hair.

**7. Tricot (doll making cotton interlock fabric)** - in your choice of skin colour to make her head and hands.

**8. Tubular bandage** (also called gauze or stockinette) in size 2.5cm - a length of 20cm will be enough for one head. **Lady Spring head circumference 16cm. Once you've finished contoured & covering the head with tricot, head circumference should be 15cm)**

**9. English Leicester locks** (washed but uncarded) in a golden blonde colour for her hair. If you can't find these some wool slivers/ roving or doll yarn would also work.

**10. Red beeswax crayon** - to give your doll some rosy cheeks.

**11. Wool fibres/batts** - one or two greens to needle felt the leaf vines and light purple (or other colour) for the butterfly body.

**12. Yarn & light weight fabric scraps, such as silk** - to create her crown. I used a piece of lemony coloured silk, mustard yarn & pale pink yarn. You will plait these together.

**13. Sewing needles** - quilt basting needles (these are very long thin sharp needles and my favourites for doll making). Embroidery and chenille needles may also be useful.

**14. Scissors, pins, chopstick for stuffing**



### Meet Lady Spring...

A beautiful story doll to welcome the spring. Dressed in vibrant yellow tones, adorned abundantly with blossoms and accompanied by a little butterfly friend. Lady Spring is sure to bring some springtime magic to your seasonal table & story time.

*"My Lady Spring is dressed in green,  
She wears a primrose crown,  
and little baby buds and twigs  
are clinging to her gown"*

Ebba Bodame

### Creative Notes... *lele*

#### Making a Sandbag

There are a few options when it comes to making a sandbag to weight your doll down. I most often use old baby socks and the girls' old thick tights. I sew the opening closed on the sewing machine, leaving a small gap to fill them with sand and then hand stitch closed. I love reusing something that would usually become landfill as they have lost most of the elastic.

You can also make a little sandbag using any jersey or stretchy cotton fabric. Single cotton knit also known as under jersey also works well. Use a piece 9cm x 12cm, fold in half and sew up, leaving a small opening to fill with sand and then close the opening & you're done!

#### Butterfly

I've created a simple butterfly that has landed on Lady Springs' hand. A little wet felted body (similar to our snails but with antennas) surrounded by felt wings & stitched up with golden thread.

#### Material Kits

Lady Spring Material kits are available at [The Sewing Cupboard](https://sewingcupboard.myshopify.com/) - <https://sewingcupboard.myshopify.com/>