

wool felt French Macarons



MATERIALS LIST

- 1. Wool felt** - you will need pastel shades of wool felt to create the meringue shells of your macarons. I used two shades of the same colour for each macaron and for others I added a contrasting colour for the filling such as white felt.
- 2. 100% wool stuffing** - for stuffing your macarons.
- 3. Fabric scraps** - small scraps of a drapery woven fabric to create your macaron fillings. I used a cheesecloth fabric (double cotton gauze), but any silky or gauzy fabric would add a beautiful texture to your macarons.
- 4. Sewing thread** - in colours to match your wool felt of the meringue shells. I like waxed quilting thread, but any 'machine' sewing thread will work well for this project. You can even use embroidery thread (6 strands which you can break up into 2 or 3 strands) to sew these macarons together.
- 5. Embroidery thread** - for the little french knots on the top of your macaron.
- 6. Sewing needles** - embroidery needles will work best when doing embroidery such as French knots. I also found a quilt basting needle (similar to a long darning needle) useful for sewing the macaron together (these are very long thin sharp needles).
- 7. Scissors & pins**
- 8. Optional: Beads** - some small seed beads for the "sprinkles" on top of your macaron instead of french knots - in shades which compliment your felt. You may need a beading needle to sew them onto your macarons.

About...



A wonderful first project to experiment with a few different techniques such as gathering fabric & felt. A wonderful little make to encourage imaginative play. Set out with some fabric (to use as a table cloth), some little cups and plates to make a little Parisian style cafe from your play kitchen!



Notes...

Fabric scraps - I love to add fabrics with different textures into my projects - I find it makes them extra magical.

For the fabric centres you can use any light weight woven fabric you have. Don't worry about a little fraying - that's all part of the beauty! I used double cotton gauze but anything that drapes or has an open weave would work well.

Protein fabrics, such as silk will dye well, so if you're after a specific colour you can have a go at dyeing it (just like you would wool - have a look at the Magical Wool Felt Workshop for how I like to dye. Cellulose fabrics (cottons and linens) take dye less easily, but the food colouring (in the pan method) will likely work well - especially as you won't be washing these little scraps).

THESE MACARONS ARE NOT INTENDED AS A TOY FOR CHILDREN UNDER 5 YEARS.

The Sewing Circle

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